



DR ANJANA

Intake Questionnaire

PLEASE FILL AND EMAIL TO THE CLINIC



This document outlines Dr Anjana's Practice Policy. It is important that you spend a few moments reading this to ensure this clinic is the correct fit for you and give you an understanding on how clinic runs. By answering the short 10 questions we can ascertain where you are on your health journey and whether Dr Anjana has the skill set to help you.

Admin only:
Approved by (Clinician's signature) _____
Documents to be sent General [] A [] B [] C [] D [] VGSTEST.COM [] CFS [] ACR [] ROME []
Date given for appointment _____
Documents sent (Receptionist signature) _____

Welcome to our Clinic

Dr Anjana and her team would like to extend a warm welcome to our Integrative Medical clinic. Congratulations on taking the next step to improved wellness and health.

This intake questionnaire is designed as a brief overview for us to get to know you, your history and what brings you to our clinic. Included is an overview about Dr Anjana and our practice policies so that you can also begin to understand us, so that together we can grow a symbiotic relationship towards improving your health and wellbeing.

This Questionnaire has been prepared in an editable format, such that you can enter your details in the spaces provided, save and email it back to us. If you prefer you may print out a hard copy, complete the details with a pen and mail or fax it back to our clinic.

PatientDetails

Name

Address

Date of Birth

Contact Details

Mobile

Email

Emergency Contact

Mobile

Relationship

Medicare Details

Card Number

Reference

Exp

How did you find us

Dr Anjana Website

Online forums

SIBO website

Word of mouth

Who:

Practitioner Referral

Who:

Social Media

Mould forum/website

Google search

Key words used:

Reason for consultation

What do you hope to achieve by seeing Dr Anjana?

What aspects of your current health concern you the most?

Do you have any questions for the clinic or Dr Anjana?

About Dr Anjana

Dr Anjana is a functional/integrative doctor. Functional doctors are qualified medical professionals who understand the body as an integrated system rather than a collection of independent organs. This holistic approach aims to understand the underlying cause of medical illness.

An integral part of Functional medicine is the patient doctor therapeutic relationship. Functional doctors take the time to listen to their patient's histories, lifestyles, environmental exposures and genetic risk factors to understand how these may influence their health and chronic medical conditions. Personalised investigations into patient's physiology, biochemistry and hormonal balance is used to understand the patient.

Dr Anjana has extensive medical training with an MBBS BSc at UNSW, a Diploma in Women's Health at the Royal Australian College of Obstetricians and Gynaecologists (RANZCOG) and is a Fellow of the Royal Australian College of General Practitioners (RACGP).

Her functional training consists of a Fellowship at the Australasian College of Nutritional and Environmental Medicine (ACNEM), a Metabolic Immunologic Neurologic Digestive Developmental (MINDD, MAPS) practitioner certification and a Bio-balance practitioner certification via the Walsh Research Institute. She is currently completing a Bachelor degree in Western Herbal Medicine at the Southern School of Natural Therapies. She has undertaken the 200 hour Zuna Yoga Teacher training.

Dr Anjana Practice Policies

Dr Anjana values honesty and transparency. This practice policy aims to clearly explain procedures, investigations, fees, appointments and clinical management to help you in your decision to join the therapeutic relationship with Dr Anjana.

Fees

General practitioner fees in Australia are charged based on the length of the consultation. Traditional GP charges are on average \$60 - 70 for 10 to 15 minute blocks. Dr Anjana charges \$67 per 10 minute consulting blocks.

Initial appointments are generally 60 to 90 minutes duration and attract a \$400 - \$600 fee. A Medicare rebate of \$105.55 is available for this consultation. The total cost of the initial consultation may appear higher than traditional GP consults, due to the extended length and comprehensive nature of the initial consultation. As a functional medical doctor, Dr Anjana requires a lengthy initial consultation to explore lifestyle, genetic, environmental and dietary risk factors which influence your wellbeing.

Follow up appointments are an opportunity to monitor progress, reevaluate strategies, address concerns and personalize management to you. They are often between 30-45 minutes. The consultation fee is proportional to the time spent in consult. Consequently straight forward reviews requiring 15 minutes will only be charged pro rata, whereas lengthier reviews for more complex issues requiring longer consult time will be billed accordingly.

Medicare rebates of \$105.55 for consultations over 40 minutes, \$71.70 for greater than 20 minutes and \$37.05 for less than 20 minutes are available. You may wish to investigate your 'Medicare safety net' through the Medicare website, as this may entitle you to a greater Medicare rebate.

All other reports requested outside of consultation; eg medical, insurance, centrelink reports etc will incur a fee based on the time taken to address the documentation at the doctor's hourly rate (often a minimum of 15 minutes). Dr Anjana prefers that you bring these documents to your next consultation such that they can be completed during consultation at no additional fee.

Telehealth Appointments

Initial appointments must be in person. Subsequent appointments may be on Zoom or phone, however, these will not be eligible for Medicare rebates due to Medicare policy. Interstate or rural clients must attend in person at least twice a year. The exception to this is Covid related Telehealth rules which allow patients to claim a Medicare rebate on telehealth consults provided the doctor has consulted with the patient for a face to face consultation within the prior 12 months. Telehealth appointments require credit card details to be recorded on clinic file prior to the appointment or a pre-payment in order to streamline the online consultation process.

Unfortunately Dr Anjana doesn't take on international clients as medical indemnity does not cover for this at this stage.

Investigations

Functional medicine is based on evidence based assessments of the chemical, hormonal and biological make up of your body. Some of these investigations may be out of the scope of conventional medical tests in Australia but fall under the category of functional tests used internationally by Functional doctors.

It is the responsibility of the patient to investigate the costs of these tests and determine which tests they would like. Some investigations where appropriate can be bulk billed. The costs of tests are external and independent to the clinic. Dr Anjana has no financial affiliations with any external laboratories. However, we understand that testing can be expensive, thus Dr Anjana can guide you through this process and give her recommendations to prioritize testing to fit your budget and clinical relevance.

Natural Therapies

Certain treatments and products administered by Dr Anjana may be outside the parameters of conventional medicine in Australia. These fall under the category of natural, complementary or integrative medicine. Such practices are supported by research or clinical experience. They are widely and successfully used by integrative medical practitioners throughout Australia and internationally. These therapies are carefully selected based on the appropriateness to each individual patient. Most supplements that are prescribed by Dr Anjana are practitioner-only pharmaceutical grade supplements which are approved by the Therapeutic Goods Administration (TGA).

In some circumstances, Dr Anjana may use international research and treatment protocols used by her American and European colleagues involving products which are yet to be approved by the Australian TGA. Dr Anjana will discuss the benefits and side effects of such therapies so that her patients can make informed decisions.

Appointments / Cancellation Policy

Dr Anjana is heavily booked out with significant waiting lists. In order for her to provide the time and care for the patients she takes on, it is the patients responsibility to be committed and punctual to their appointments.

All initial appointments require a \$200 deposit. This will be forfeited in the event of failure to attend without 2 business days notice/rescheduling. Failure to attend follow up appointments (without 2 business days notice) will incur the full attendance fee.

Missed appointments sacrifice the opportunity for other committed patients to see Dr Anjana.

Dispensary

Dr Anjana may prescribe a treatment regimen that includes herbs or supplements. These are often available in house at the clinic for your convenience. Products sourced in house are selected based on their therapeutic value and quality. Pricing is guided by the recommended retail price.

Clients are under no obligation to purchase these therapeutic supplements in house and can choose to source them externally. However, we take no liability for the quality of products purchased outside of this dispensary.

Feedback

As a patient of our clinic we value your feedback. It provides us with the opportunity to re-evaluate and potentially provide better quality of care. Please direct any feedback whether positive or negative to info@dranjana.com

Through this document, we hope that you gain a greater understanding of how Dr Anjana practices. A doctor can never guarantee an outcome or promise success. However, Dr Anjana aspires to work with you to understand your experiences, search for underlying causes and focus on true wellness.

Client Acknowledgement

I have read and understand the procedures, policies and nature of Dr Anjana's Clinic. I am attending the clinic of my own free will and accept the details within this policy document.

To be signed electronically prior to appointment

Signature (electronic):

To sign this form electronically, please place a slash before and after your name e.g. ' /client name / '

Print Name:

Date:

To be signed on day of consult

Patient Signature (written):

Print Name:

Date:

Witness Signature (written):

Print Name:

Date:

Please make sure to carefully read the above policies and acknowledge your understanding and consent by signing this page in the appropriate positions